

FOOTBALL SCRIMMAGE GUIDELINES

Football scrimmages shall be governed by the following:

- (a) No official score is kept
- (b) No definite time is set or kept
- (c) Coaches are permitted on the field to provide instruction and make corrections
- (d) Different configurations governing possession time and down and distance situations (than those normally used in a game) may be used to govern play
- (e) Unlimited time-outs and stoppages of play are permitted and encouraged for the purpose of both providing instruction and adequate rest periods
- (f) The use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules
- (g) No kickoffs are permitted
- (h) Punts and extra point kick attempts may involve live play until the ball is kicked. Punts may not be advanced and all fumbled punts and muffs will be blown dead immediately
- (i) The total number of plays should be recorded to prevent an individual player from being involved in more than a maximum of 90 live contact plays during the entire scrimmage, (j) no admission may be charged, (k) the participation of student support groups such as cheerleaders, bands, kick lines, etc., are prohibited.